

Hydra Experience

Products Needed & Order of Application:

1. Oil Free Eye Makeup Remover
2. Cleanse - either TimeWise 3D 4 in 1 Cleanser or TimeWise Repair Cleanser
3. Physical Exfoliation - mix 1/2 Cleanser and 1/2 MDA Refine; Satin Lip Scrub
4. De-clogging & gentle extraction - a very thin layer of Charcoal Mask
5. Eye Hydration - Eye Patches
6. Chemical Exfoliation - Skin Revealing Facial Peel; Satin Lips Balm
7. Satin Hands Pampering
8. Serum C
9. Night Cream - TimeWise 3D Night Cream or TimeWise Repair Night Cream, with 2 drops of MK Naturally Oil
10. Eye Cream - TimeWise 3D Night Cream, Firming Eye Cream, or TimeWise Repair Renewal Eye Cream
11. Moisture Renewal Gel Mask
12. 3 - 4 Facial Cloths and a cup of warm water (or access to a sink)

Process:

1. Remove eye makeup - gently removes makeup without pulling skin
2. Cleanse face - these two cleansers have extra hydration in them removes surface dirt
3. Physical Exfoliation - Cleanser & MDA Refine (half and half), with a few drops of water to create a gentle exfoliation; exfoliates dead and dry skin cells on the surface of the skin; circulation stimulator with alumina oxide crystals (just like the spa, dermatologists, and med spas)
4. Wash off using 1-2 cloths; pat skin - do not dry completely
5. Declogging & gentle extraction - Charcoal Mask; very thin layer and leave on for 5 min; removes toxins from the skin and pores with activated charcoal and bentonite; another surface exfoliation; apply lip scrub, gently exfoliates lips. Use the 5 min. to ask for referrals, play the Fabulous Game. The gifts can be a Deluxe Mini.
6. Using 1-2 cloths, wash off; or splash off at a sink, if available; apply Lip Balm
7. Apply Eye Patches - hydrates, softens, reduces fine lines, puffiness in the eye area
8. Apply 1 pump of Facial Peel around the eye patches; leave on for 10 min; facial peel will penetrate the skin's surface to exfoliate dead skin cells beneath the surface - 3 levels deep; with glycolic acid and calming marine extracts
9. While the Peel is on, do Satin Hands Pampering; or a 5 min Career Share
10. Remove Eye Patches, gently pat in any remaining gel; wash off Peel
11. Apply Serum C - optional; boosts collagen; always apply to fresh clean skin first, before any other products

- 12. Apply Night Cream with 2 drops of the MK Naturally Oil - the oil has antibacterial properties to the newly exfoliated face; Naturally Oil is a blend of sweet almond, sesame and oil oils, as well as plant-derived squalane (protects skin's barrier) and Vitamin E**
- 13. Apply Eye Cream - hydrates, moisturizers, reduces fine lines & crows feet, depuffs**
- 14. Apply thin layer of Gel Mask - it has Sodium Hyaluronate, a safe and effective moisturizer and has the ability to bind and hold onto significant amounts of water; this product can be used all day, for hydration, even over makeup**

Do not apply makeup for at least 1 hour after this session. It's best to do the session in the evening to allow the benefits to penetrate your skin while you sleep. Apply Night Cream with 2 drops of the MK Naturally Oil - the oil has antibacterial properties to the newly exfoliated face